



Custom House & Canning Town community Neighbourhood



January-March



Edith Kerrison Children's Centre
Sophia Road E16 3PB
www.edithkerrison.newham.sch.uk

0207 473 2761



Booking information

Keir Hardie Children's Centre
Robertson Road E16 1FZ
www.keirhardie.newham.sch.uk

0207 476 1284

Please call the central booking line for sessions that require booking unless stated differently. Please call the day before to book a place. Please call on a Friday to book a Monday group.

Booking opens 9am -3pm

Central booking number 0207 473 2761

For transparency and equity all service users will be able to access 3 groups (depending on age of child) during the week across both sites .Families receiving support through our services will be able to access additional sessions.

A waiting list will operate for sessions when full .

For further enquires/information, please call and speak to a member of the team.

Please follow the link below to register for Newham BSiL Children's Centres

https://newham-self.achieveservice.com/service/Best_Start_in_Life_Registration

Programme subject to change

Monday

Little Champions Stay and Play

At Edith Kerrison

Are you a parent/carer/childminder of a child with delayed speech language and communication. This group will offer a variety of engaging activities to support speech and language delay, sensory needs, social skills, play and interaction.

For further information, please contact Edith Kerrison Children's Centre

Time 10.00am -11.15am

Term time only

Booking required

Stay and Play / Baby Club at Keir Hardie

Focussed on exploring and understanding your babies development and discovering your baby's unique and amazing abilities.

Time 1.30pm —2.30pm

This group is for babies that are non walkers .

Booking required



Stay and Play Story and Rhyme

Term time only

At Shipman Youth Zone

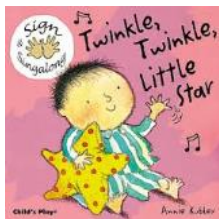
340 Prince Regent Lane E16 3JH

Focussed on supporting children's early language and communication through play. Time 10am-11am

Please call Edith Kerrison for further information

No booking required

(This session will operate on a first come first serve basis)



Tuesday

Newham Adult Learning Service

ESOL Class at Edith Kerrison

Family learning classes let's improve our English .

Is English your second language? Do you want to improve your English ? Would you like to help your children at school? A free 10 week course

<https://www.ournewhamls.co.uk/family-learning.php>

Contact Edith Kerrison Children's Centre

Booking required



Talking Tots

Delivered by Health visiting team.

Invite/referred by another professional agency only

Stay and Play / Baby Club at Edith Kerrison

Focussed on exploring and understanding your babies development and discovering your baby's unique and amazing abilities

This group is for babies that are non walkers

Time 1:30pm- 2:30pm

Booking required

Maternal Emotional Wellbeing Group

at Edith Kerrison

Mums and mums to be who want to learn more about understanding and managing their feelings and relationships

This group will run for 12 weeks

Invite/referred by another professional agency only

Parent Coaching group at Edith Kerrison

For parents of children under 5 with social communication difficulties delivered by Occupational Therapist .

5 week course starting March.

Time 1pm-2.30pm

Invite/referred by another professional agency only

Wednesday

Stay and Play at Keir Hardie

Focussed on supporting children's early language and communication through play.

Time: 9.00am – 10.15am

Time:10.30am — 11.45pm

Time :1.30pm — 2.45pm

Age 0-3 years old

During school holidays older siblings up to 8 years old welcome

Booking required



Baby Massage at Edith Kerrison

Baby massage has a variety of benefits. Your baby will feel nurtured and loved, strengthening the bond between parent and baby. Massage will also allow your baby to feel more relaxed, which may improve their sleep.

Age 0-6 months non crawlers

This session will run for 4 weeks.

Start Date: March TBC

Time 10.30-11.30am

Call central booking number

0207 473 2761

Booking required



Connect with me at Edith Kerrison

Parents Intervention Group, a short course for parents of children with social and communication needs, who may get a diagnosis of Autism.

Facilitated by The Area SENCO Team

Invite/referred by another professional agency only



Thursday

Little Talkers at Edith Kerrison

A 4 week course for children from 18 months old
Time 10.00-am-11.00am

Invite/referred by another professional agency only



Stay and Play at Edith Kerrison

Focussed on supporting children's early language and communication through play.

(This group will have a speech and language therapist dropping in on 30 January and 20 March)

Please contact the centre for further information

Time: 1.30pm—2.45pm

Age 0-3 years old

Half term: older siblings up to 8 years old welcome

Booking required



Coffee Morning at Edith Kerrison

Come along for a chat . Meet the team and find out what's going on in the local community

Date March 20
Time 9am-10am



Closure dates

The Children's Centres are closed for all bank holidays

Funded Childcare

Are you eligible for free 15 /30 hour child care
Please call the central booking number for further assistance and information 0207 473 2761

Friday

Stay and Play at Edith Kerrison

Focussed on supporting children's early language and communication through play.

Time 9.00am - 10.15am

Time 10.45am-12.00pm

Time 1.30pm-2.45pm



Age 0-3 years old

During school holidays older siblings up to 8 years old welcome, times and days may change .

Booking required



Booking

Central booking number

0207 473 2761

Open 9am-3pm

Please call the day before to book a session



Due to capacity only one adult per family will be admitted in all groups.

(unless otherwise arranged)

Please arrive on time no entry after 15 minutes of group start time

Please contact the centre for further information

Programme subject to change

Notice board

Support for parents

If you are interested in a workshop /group please contact the Children's Centre team for further information/booking. Alternatively visit Newham parenting website to view the extensive offer

Triple P for babies at Edith Kerrison

For parents to prepare for a positive transition to parenthood and first year with baby

Date: 21 January 8 week course

Time: 10am-12noon

Contact Children's Centre team for further information and booking requirements.

Please contact the Children's Centre and check the website for half term holiday activities. Session times and dates may change



During school holidays older siblings up to 8 years old welcome

Healthy start



Are you pregnant or have a child under the age of 4?

With Healthy start you can get help to buy fresh milk fruit ,veg, formula milk and vitamins. Speak to a member of the Children's Centre team to find out if you qualify .

You will need to apply on line visit www.healthystart.nhs.uk

Alternatively to find out if you are eligible for Healthy Start food and milk vouchers/payments visit www.healthystart.nhs.uk and apply.



nfonewham.dsv@hestia.org
08081961482

Hestia, the main specialist support provider in the borough to victims of domestic abuse and sexual violence.

Please speak to a member of the children's centre team for further information

Appointments available on Monday



Free healthy start vitamins

Free vitamins available for all pregnant, new mums and children up until their 4th birthday living in Newham.

Vitamins can be collected between 9am -3pm Monday –Friday

Nutrition Parent Webinars

Early Start are offering webinars please look at their website for further details. Sessions cover : weaning your baby ,toddler meals & snacks and child dental health



<https://www.earlystartgroup.com/nutrition/parents-page/toddlers-meals-and-snacks-webinar-for-parents/>

Keeping children safe

Please note the use of mobile phones/cameras/tablets and other electrical devices are not permitted during sessions. This is for safeguarding purposes



Family support



If you have any worries or concerns about your child /Family situation please contact the Children's centres to book an appointment to speak to a family support worker