



Edith Kerrison Nursery School and Children's Centre

Dear parent,

As your child grows and develops we can offer a range of services to help and guide you in our children's centre and school.

Timeline of services for families		
Pre -birth		
Parenting health	Dadi Day	Intensive course for expectant fathers
	Ante-natal classes	ChildView registration
	Health Visitor home visit	ChildView registration
0-1 year	Breastfeeding support group	
	Baby club	(with information sessions run alongside e.g. E-safety; St John's Ambulance)
Parenting Well-being	Baby massage	5 week course – A bonding experience for you and baby
Eating	Introducing solid foods	Lumps and finger foods Stage 2
Eating	Introducing Solid Foods Stage 1	
A chat home visit referral to other people who can help you	Family Support Worker	1 to 1 support
	Outreach worker	1 to 1 support
2 year olds	Healthy toddler, healthy parents	An opportunity to have your child's height and weight measured and received information and advice on healthy lifestyle.
0-3 years	Toy library	A vast range of toys available weekly to borrow and enjoy with your child
	Baby and toddler group	(with information sessions run alongside e.g. E-safety)
	Chatterbox-	Advice from a speech therapist
	Saturday Play	Play session – dads particularly welcome
	Swimming	A fun session to enable children to be water confident.
	Messy Play	Session to explore using all their senses.
	Health - Nutrition Advice	One to one
	Healthy eating - 1-5 years old	Find out how to provide a healthy balanced diet
	Oral Health Promotion	Information session on oral health
	Healthy toddler, healthy parents	An opportunity to have your child's height and weight measured and received information and advice on healthy lifestyle.



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0-3 years	Rocking and rolling	Developmental movement play session for parents/carer with children with additional needs.
	Storytime	An opportunity to join the library and borrow books. Your child can enjoy storytime and songs.
	Two year old education place	(Government fund for 15 hours per week– set criteria)
	Supersnackers	Group to encourage children to snack on healthier foods. You will prepare a healthy snack with your child during the session.
	Cook and eat	Six week healthy eating cooking courses run by Early Start Nutrition Team.
	Book gifting	Free book start packs for children 0-18 months and 18-3 years.
	Jiggaree	Music session for you and your child together.
	Family Support Worker	1 to 1 support
	Outreach worker	1 to 1 support
	Parenting behaviour management	Triple P
	Bin the bottle	A workshop to understand how inappropriate and extend use of feeder bottles can lead to long term health problems.
	Home Talker	Work in the family's home offering speech and language support.
	Dadi Day	Intensive course for expectant fathers.
3 and 4 year olds	Preschool	
3 and 4 year olds	Education	Three and four year old education place for 15hrs per week
	Reading workshops	
	Oral health fluoride sessions	
	Rocking and rolling	Developmental movement play session for parents/carer with children with additional needs.
	1:1 with key person	
	Support	Support from the Family Support worker or the outreach worker
	Toy Library	A vast range of toys to borrow and enjoy with your child.
	Library sessions.	
	Storytime	An opportunity to join the library and borrow books. Your child can enjoy storytime and songs.
	Healthy toddler, healthy parents	An opportunity to have your child's height and weight measured and received information and advice on healthy lifestyle.